








BREAKFAST



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HEALTHY BAR	Smoothie's & Overnight Oats				
BREAKFAST ITEMS	<u>Pastry Selection</u> Pain au Chocolate Cinnamon Rolls Chocolate Twist Butter Croissant	<u>"Leon" Style Breakfast Pots</u> Baked Beans Poached Egg Hash Browns Bacon Avocado	<u>Crepe Station</u> Homemade French Crepes Whipped Cream Berry Compote Chocolate Sauce	<u>French Toast</u> Brioche French Toast Fresh Berries Maple Syrup Caramel Bananas	<u>Waffle Friday</u> Waffles Bacon Fresh Berries Maple Syrup Caramel Bananas
DAILY BREAKFAST ITEMS	Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves	Selection of breakfast cereals Yoghurt station – with fresh fruit, puree's & toppings Toasting station – with deli bread, spreads & preserves
FRUIT	Fruit Pots & Yoghurt Pots				











LUNCH

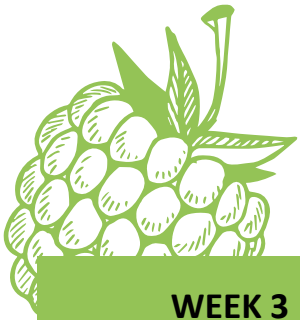
WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day with Homemade Bread				
MAIN COURSE ONE	 Sweet & Sour Chicken 	 Cottage Pie	 Mac 'n' Cheese 	 Beef Chilli	 Battered Cod Goujon Or Battered Pork Sausage
MAIN COURSE TWO	Black Bean & Tofu (Ve)	Mixed Bean & Vegetable Pie with Shortcrust Pastry (Ve)	Mac 'n' Cheese	Quorn & Vegetable Chilli (Ve)	Vegan Quorn Sausages (Ve)
6TH FORM STREET FOOD	Chinese Street Burger	Cottage Style Cob Roll	Philly Cheesesteak	Mollete	Tijuana Street Fries
ON THE SIDE	Noodles Stir Fried Vegetables Prawn Crackers Spicy Cucumber Salad Garlic & Soy Bok Choi	Sauté Savoy Cabbage Roasted Carrots Green Peas Gravy	Buffalo Chicken Mozzarella & Tomato Crispy Onions Garlic Bread Wilted Spinach	Steamed 50/50 Rice Nacho Chips Guacamole Sour Cream Salsa Refried Beans	Fries Garden Peas Mushy Peas Baked Beans House Slaw
PASTA BAR & JACKET BAR	Plain pasta with the choice of Tomato & Basil Sauce, Pesto, Grated Cheese & Sauce of the Day Jacket potato with the choice of Baked Beans or Grated Cheese				
DESSERT STATION	Winter Apple Crumble & Custard	Lemon Cheesecake	Chocolate Sponge & Chocolate Sauce	Upside down Pineapple Cake & Custard	Tiffin
FRUIT, POTS & JELLY	Choice of cut fruits, vegetarian jellies or layered dessert pots				










LUNCH

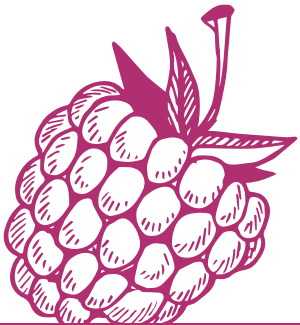
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day with Homemade Bread				
MAIN COURSE ONE	 Lamb Hot Pot	 Turkey Mince Lasagne	 Meat & Potato Pie	 Chicken Katsu Curry 	 "WGS" Pizza Bar 
MAIN COURSE TWO	Cheese & Onion Pie 	Winter Vegetable & Mixed Bean Lasagne	Quorn & Vegetable Hot Pot (Ve)	Quorn Katsu Curry (Ve)	"WGS" Pizza Bar Vegan Available
6TH FORM STREET FOOD	Singapore Chilli Chicken Wings	Mititei (Romanian Street Food Kofta)	Meatball Skewer	Korean Street Toast	Asian Street Fries
ON THE SIDE	Sauté Cabbage Steamed Carrots Garden Peas Gravy	Garlic Focaccia Roasted Mediterranean Vegetables House Salad	Roast New Potatoes Broccoli & Cauliflower Sweetcorn Gravy	50/50 Vegetable Rice Green Beans Naan Bread Mango Chutney Red Onion & Coriander	Fries Corn on the Cob Baked Beans Coleslaw Garlic Sauce
PASTA BAR	Plain pasta with the choice of Tomato & Basil Sauce, Pesto, Grated Cheese & Sauce of the Day				
JACKET BAR	Jacket potato with the choice of Baked Beans or Grated Cheese				
HOT DESSERT	Forest Fruit & Pear Crumble with Custard	Classic Brownie	Smarties Cookies	Carrot Cake	Jam Sponge & Custard
FRUIT, POTS & JELLY	Choice of cut fruits, vegetarian jellies or layered dessert pots				





LUNCH

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day with Homemade Bread				
MAIN COURSE ONE	 Beef Bolognese Pasta Bake 	 Breaded Fish Fingers	 Chicken & Vegetable Paella	 Beef Madras 	 BBQ Pulled Pork Or BBQ Chicken
MAIN COURSE TWO	Vegetable Paella (Ve)	Breaded Vegetable Fingers	Mushroom & Pea Risotto (Ve)	Sweet Potato & Vegetable Madras (Ve)	BBQ Plant Based Meatballs (Ve)
6TH FORM STREET FOOD	Masala Pasta	Mexican Dogs	Potato Cakes With Hummus	Papdi Chaat	Crispy Tandoori Chicken Pops
ON THE SIDE	Garlic Slice Sweetcorn Roasted Peppers House Salad	Baked Seasoned Wedges Peas Baked Beans Tartare Sauce	Wholemeal Focaccia Bread Sauté Greens Baby Corn House Salad	Steamed 50/50 Rice Mango Chutney Poppadum's Chickpea & Spinach Coriander & Red Onion Minted Yoghurt	Fries Fried Onions Green Beans & Corn House Salad House Slaw
PASTA & JACKETS	Plain pasta with the choice of Tomato & Basil Sauce, Pesto, Grated Cheese & Sauce of the Day Jacket potato with the choice of Baked Beans or Grated Cheese				
HOT DESSERT	Peach Cobbler With Custard	Fruity Flapjack	Blueberry & Lemon Cake	Rocky Road	Cornflake Tart With Custard
FRUIT, POTS & JELLY	Choice of cut fruits, vegetarian jellies or layered dessert pots				



BREAKTIME



WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SNACK	Selection of cookies Fruit Pots		Chocolate Brownie Fruit Pots	Gingerbreads and Shortbreads Fruit Pots	

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SNACK	Sausage Roll Fruit Pots	Pastry Selection Fruit Pots		Muffins Fruit Pots	Pizza Pockets Fruit Pots

JNR WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SNACK	Buttered Toast Selection of Cookies Fruit Pots		French Toast Chocolate Brownie Fruit Pots	Buttered Toast Gingerbreads and Shortbreads Fruit Pots	

JNR WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAILY SNACK	Buttered Toast Cheese & Onion Sausage Roll Fruit Pots	Buttered Toasted Crumpet Mini Pastries Fruit Pots		French Toast Muffins Fruit Pots	Buttered Toast Pizza Pocket Fruit Pots

